

## Aesthetic Cosmetic Patient Information Intake History

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Date Of Birth \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Home Phone \_\_\_\_\_

Zip Code \_\_\_\_\_ Work Phone \_\_\_\_\_

Referred By \_\_\_\_\_

Have you undergone treatment from a dermatologist before? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes for what condition?

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Reason for today's visit

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Have you been under a physician's or other health care provider's care in the past year?

Yes \_\_\_\_\_ No \_\_\_\_\_

If yes the reason: \_\_\_\_\_

Physician's Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Have you had any surgery in the past nine months? Yes \_\_\_\_\_ No \_\_\_\_\_

Describe: \_\_\_\_\_

Have you ever had nasal surgery? Yes \_\_\_ No \_\_\_ Eye Surgery? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you currently using Retin-A, Renova or Differin? Yes \_\_\_\_\_ No \_\_\_\_\_ Strength \_\_\_\_\_

For how long? \_\_\_\_\_ How frequently? \_\_\_\_\_ Where Applied? \_\_\_\_\_

### DISCONTINUE USE 5 DAYS BEFORE TREATMENT

Do you have regular: Collagen Injections? Yes \_\_\_\_\_ No \_\_\_\_\_

Botox Injections? Yes \_\_\_ No \_\_\_

When was your last injection? \_\_\_/\_\_\_/\_\_\_

Have you ever had a chemical peel or microdermabrasion? Yes \_\_\_\_ No \_\_\_\_

Within Last 14 days Yes \_\_\_\_ No \_\_\_\_

What kind? \_\_\_\_\_

Describe your reaction: \_\_\_\_\_

Have you ever had laser resurfacing or dermabrasion? Yes \_\_\_\_ No \_\_\_\_ When? \_\_\_\_\_

List all medications you take regularly and reason for taking:  
\_\_\_\_\_

List all drug allergies: \_\_\_\_\_

Are you allergic/sensitive to: (Y or N) Milk \_\_\_\_ Apples \_\_\_\_ Citrus \_\_\_\_ Grapes \_\_\_\_ Aloe

Vera \_\_\_\_ Aspirin \_\_\_\_ Perfumes \_\_\_\_ Hydroquinone \_\_\_\_ Other: \_\_\_\_\_

List all other allergies:  
\_\_\_\_\_

List all vitamins you take on a regular basis:  
\_\_\_\_\_

Are you sensitive to alcohol based products? Yes \_\_\_\_ No \_\_\_\_ Skin lighteners? Yes \_\_\_\_ No \_\_\_\_

**Have you ever used skin care products that caused a skin reaction?** Yes \_\_\_\_ No \_\_\_\_

**Describe:**  
\_\_\_\_\_

**Circle any of the following health problems you have had in the past or currently have:**

- |           |                         |                  |                |           |
|-----------|-------------------------|------------------|----------------|-----------|
| Allergies | Heart Problems          | Hysterectomy     | Sinus Problems | Shingles  |
| Asthma    | Herpes                  | Cancer           | Epilepsy       | Rosacea   |
| Eczema    | High/low Blood Pressure | Thyroid Problems | Diabetes       | Psoriasis |
|           | Hormone Imbalance       | Varicose Veins   | HIV            |           |

Is there a family history of skin cancer? Yes \_\_\_\_ No \_\_\_\_

Do you have any open sores or abrasions? Yes \_\_\_\_ No \_\_\_\_

Do you have any implants (pacemaker, pins in bones, etc")? Yes \_\_\_\_ No \_\_\_\_

Explain: \_\_\_\_\_

Have you ever had cold sores/fever blisters? Yes \_\_\_\_ No \_\_\_\_ Last break out?  
Where?\_\_\_\_\_ Always same general locations? Yes \_\_\_\_ No \_\_\_\_

Hives? Yes \_\_\_\_ No \_\_\_\_ Where?\_\_\_\_\_ Do you know the cause? If so  
why?\_\_\_\_\_

Do you wear contact lenses? Yes \_\_\_\_ No \_\_\_\_ Glasses? Yes \_\_\_\_ No \_\_\_\_  
Sunglasses? Yes \_\_\_\_ No \_\_\_\_

Do you currently have a sunburn/wind burn/red face? Yes \_\_\_\_ No \_\_\_\_  
Why?\_\_\_\_\_

Do you currently get? Facials \_\_\_\_ Waxing \_\_\_\_ Electrolysis \_\_\_\_ Depilatories \_\_\_\_

What are you currently using to cleanse your face?\_\_\_\_\_

What are you currently using to moisturize your face?\_\_\_\_\_

Any special treatments? (eye cream, night cream, masks, scrubs)\_\_\_\_\_

What temperature of water do you use to cleanse with? Cool \_\_\_\_ Warm \_\_\_\_ Hot \_\_\_\_

Do you use sunscreen/sun block daily? Yes \_\_\_\_ SPF \_\_\_\_ No \_\_\_\_

Do you sunbathe? Yes \_\_\_\_ No \_\_\_\_ How many hours at a time?\_\_\_\_\_

Are you in the habit of going to tanning booths? Yes \_\_\_\_ No \_\_\_\_ How often?\_\_\_\_\_

Do you wear make-up? Every Day \_\_\_\_ Special Occasions \_\_\_\_ No \_\_\_\_

Are you currently using Biore / Snore strips? Yes \_\_\_\_ No \_\_\_\_

Are you using glycolic / AHA home care products? Yes \_\_\_\_ No \_\_\_\_ When?\_\_\_\_\_

What type of work do you do?\_\_\_\_\_

Air travel? Yes \_\_\_\_ No \_\_\_\_ How often?\_\_\_\_\_

Are you exposed to workplace pollution? Poor ventilation\_\_\_\_\_, Electrical fields from  
computers, etc.\_\_\_\_\_ Secondary smoke?\_\_\_\_\_

**[STAFF USE]** Client review with products present for ingredient review:\_\_\_\_\_

How does your skin react to them?\_\_\_\_\_

Notes:\_\_\_\_\_

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What Improvements would you like to see concerning your skin?

On Face?\_\_\_\_\_

On Body?\_\_\_\_\_

**FEMALE CLIENTS ONLY**

Are you currently taking oral contraceptives? Yes \_\_\_ No \_\_\_

Are you pregnant? Yes \_\_\_ No \_\_\_

Trying to become pregnant? Yes \_\_\_ No \_\_\_

Are you breast feeding? Yes \_\_\_ No \_\_\_

Is your menstrual period due within the next week? Yes \_\_\_ No \_\_\_

Are your menstrual periods regular? Yes \_\_\_ No \_\_\_

I confirm, to the best of my knowledge, that the answers I have given are correct and that I have not withheld any information that may be relevant to my treatment.

Client Signature \_\_\_\_\_

Date\_\_\_\_\_

**Client Informed Consent  
Cosmetic Procedure Treatment**

*Patient: You have the right to be informed about this treatment, so that you may make the decision whether or not to undergo the procedure after knowing any risks or hazards involved. This disclosure is not meant to alarm you in any way, it is simply an effort to make you better informed so you may give, or withhold you consent for treatment.*

- A. I voluntarily request that Louise Diehl APN, and such associates/assistants or any other professional deemed necessary treat me and my condition. I acknowledge having been informed that this procedure is intended to remove fine surface skin in order to improve the vitality and smoothness of the skin.
- B. I understand that my provider of treatment can discover other and different conditions which may require additional or different treatments than those planned. I authorize them to perform other procedures which may be advisable in their professional judgment.
- C. I realize that while the goal of this treatment is the removal of damaged skin, the results average between 40-85% improvement.
- D. I realize that some risks, irritations or hazards could occur from this treatment. I waive all rights to damages incurred from this treatment.
- E. I have been made aware of alternative methods available for my treatment, which includes acid peels or laser skin resurfacing.
- F. I accept and acknowledge my responsibility to follow the written and or spoken instructions of my provider and to visit them in 7 -10 days post treatment.
- G. I understand that multiple treatments are required. The cost of treatments were discussed with me before the initial treatment.
- H. I have received a complete explanation of my pre-treatment and post-treatment instructions. I understand the instructions and should I have additional questions I will not hesitate to call.

I certify that I have read and understand the above authorization form. I have been given the opportunity to discuss all my questions, and I have received satisfactory answers. I understand that this procedure uses Aluminum Oxide which is an abrasive therefore I will follow the explicit instructions of my provider.

I have not received any alcohol or medication before signing this consent.

I hereby consent to the Cosmetic procedure or procedures. This document supersedes any previous verbal or written disclosure.

\_\_\_\_\_  
**Patient Pre- Treatment Signature**

\_\_\_\_\_  
**Witness Signature**

**Date:** \_\_\_\_\_

## Medical History Questionnaire:

Please place an (X) in the yes or no box and explain if you have a yes answer.

1. Have you ever had any allergic reaction, or know of any allergies? YES( ) NO ( )  
If yes please explain below.

Explain: \_\_\_\_\_

2. Have you been told you are currently pregnant, or think you may be? YES( ) NO ( )  
If yes please explain below.

Explain: \_\_\_\_\_

3. Have you been told you have diabetes? YES( ) NO ( )  
If yes please explain below.

Explain: \_\_\_\_\_

4. Have you had shingles, herpes, or cold sore infection? YES( ) NO ( )  
If yes please explain below.

Explain: \_\_\_\_\_

5. Are you currently using sun block? YES( ) NO ( )  
If yes please explain below.

Explain: \_\_\_\_\_

6. Have you been told you have skin cancer, or have you ever been told you have a skin condition that concerns your doctor? YES( ) NO ( )

If yes please explain below.

Explain: \_\_\_\_\_

7. Have you had any facial reconstructive procedures? YES( ) NO ( )

8. Are you currently using Retin-A, or Glycolic Skin Care Products? YES( ) NO ( )

9. Have you taken Accutane? YES( ) NO ( )

If so, Please indicate when you last took Accutane. \_\_\_\_\_

**What is your skin care concern:**

\_\_\_\_\_  
\_\_\_\_\_  
**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### STAFF USE BELOW:

History reviewed by: Initials \_\_\_\_\_ Date \_\_\_\_\_; Initials \_\_\_\_\_ Date \_\_\_\_\_;

Initials \_\_\_\_\_ Date \_\_\_\_\_; Initials \_\_\_\_\_ Date \_\_\_\_\_; Initials \_\_\_\_\_ Date \_\_\_\_\_

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